

UNIVERSITY OF SOUTHERN MAINE

HUSKIES SHOOTING CLINIC

for

Girls in Grades 4 – 10

November 1, 2009

SHOOTING FUNDAMENTALS

- *Lay-Up Series *Shooting Off Dribble *How To Shoot
*Foul Shooting *Shooting Off Pass *How to Practice
*Post Shooting *Jump Shots *How to Create Space For a Shot

Location: The clinic will take place at the Costello Sports Complex on the Gorham Campus of the University of Southern Maine.

Staff: Under the direction of Coach Gary Fifield, the USM staff and players will make this an outstanding day of basketball.

Time: Sunday: November 1, 2009
Clinic: 9:00 am - 3:00 pm

Fee: The fee for the clinic is \$35 in advance or \$45 the day of the clinic. There will be no refund for no shows. We will only confirm your registration by e-mail.

Equipment: Each participant is required to wear sneakers and basketball clothing.

Groupings: Players will be grouped by grade and ability.

Lunch: 12 to 1 pm – Bring a lunch with you.

(Please Cut Here)-----

REGISTRATION

Name _____ Parents _____

Address _____ City _____ State _____ Zip _____

Phone _____ School _____ Grade _____

e-mail address _____

Amount Enclosed \$ _____ Please make check payable to USM Women's Basketball

Mail to: Huskies Shooting Clinic
Women's Basketball Office
University of Southern Maine
Gorham, ME 04038