



Rules Packet and Team Entry Form

Sponsored by the Student Involvement & Activities Center, Campus Involvement and Activities, Gorham Events Board, USM Student Senate, USM Alumni Association, Student-Athlete Advisory Committee & Athletics, Residential Life & Resident Education, the Weekend Programming Committee, ARAMARK, Greek Women's Council, Inter-Fraternity Council, USM Police, Gorham Fire Department

USM Fall Fest 2008

A Family and Friends Weekend



Fall Fest is an opportunity for friendly and spirited competition. It is a weekend-long series of events and competitions designed to engage students, staff, faculty, alumni, family, and friends in the USM community. Through the planning committees we can keep alive campus traditions and create a greater sense of pride and school spirit for all members of the USM community.

To get involved, we encourage you to join or help organize a team to compete. There will be a points system to award teams for participation and for winning specific events. Points will be tracked over the course of the weekend and at Sunday's closing Dinner and a Movie event, the winning team will be announced.

This team will be crowned **Fall Fest Champion!**

Team Entries

For Residence Halls:

Only one team may represent each residence hall

For student organizations, athletic teams, departments, and individuals:

A team entry may consist of one organization/team/department or a combination of up to no more than **THREE** organizations/teams/departments.

If you are not affiliated with an organization, team, or department, you may gather a group of your friends and create a team of your own!





Rules of Competition;

1. Teams will be awarded points in all events. In addition, they will be awarded points for placing in competitive events. In some events, teams will only receive participation points if they are non-competitive.
2. Team entries **MUST** be submitted to the Office of Campus Involvement and Activities in Gorham and the Student Involvement and Activities Center in Portland by Monday, October 10th by 4:30pm.
3. Teams wishing to participate in the Battle of the Rock Bands competition must create their band profile either at the time of registration or anytime **before** October 10th.
4. Teams must identify two captains and provide the Fall Fest Committee with contact information for at least those two people.
5. Team members must be USM students and be affiliated with one of the organizations, teams, or residence halls comprising that team. Non-affiliated students can also form a team. Alumni, faculty, and staff affiliated with a team may also compete.
6. Students may participate on more than one team over the course of the week. However, during a single event, a student may only compete for one team.
7. Each event has specific rules for participation. Read each event page carefully. Any violation of these rules may result in disqualification from that event.
8. For events at which attendance accounts for points, team members must be sure to check-in at the designated location. Since not all team sizes are the same, points will be based on a percentage.
9. In the event of a tie, overall or for an individual event, the Fall Fest Committee will decide the outcome and a tie may be awarded. The Committee's decision is **final**.
10. Good sportsmanship is expected. The Fall Fest Committee reserves the right to disqualify participants/teams that are not behaving accordingly.
11. Have fun and enjoy Fall Fest!!



Points Structure



Event	1st	2nd	3rd	Participation
Banner Competition	50	40	30	50
T-shirt Making Party	-	-	-	Points awarded based on percent of team present
Battle of the Rock Bands	100	75	50	50
USM Olympics	200	150	100	100
Pep Rally/Bonfire	-	-	-	Points awarded based on percent of team present
Women's Soccer Game	-	-	-	Points awarded based on percent of team present
USM Quest	100	75	50	50
Donation Drive	-	-	-	Based on a point value system
Iron Chef Competition	150	125	100	100 points

Participation Points

For each Fall Fest event, teams can earn participation points for attendance. Teams may also earn additional points if the event is competitive.

Competition Points

Most of the events are competitive; The rules for these events are outlined in this booklet. Points will be awarded for 1st, 2nd, and 3rd places.

Percentage Points

Not all teams will be equal in size and so in order to make up for this discrepancy, certain activities will award points based on the percentage of your team that attends the event. If 1-25% of your team is present, 25 points are awarded; 26-50% = 50 points; 51-75% = 75 points; and 76-100% = 100 points awarded.

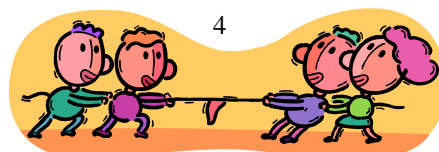
Point Tracking

All points will be tallied at the end of each day and the public tracking system will be updated daily. Point thermometers for each team will be posted in the Lower Level of the Brooks Student Center. Be sure to check on your team's progress!

Fall Fest Headquarters

Office of Campus Involvement and Activities, Brooks Student Center

Karoline Chrzanowski-Sears 780-5081 kchrzanowski@usm.maine.edu





Banner Competition

Thursday, October 16
All Banners Due at 4:30pm



Office of Campus Involvement and Activities

The Challenge: to show your team's spirit visually by designing a banner to be displayed throughout the weekend.

Details: When your team registers, you will be given a banner and paint supplies. The banner will be a twin-sized sheet. You have until Thursday, October 16th to paint your banner to represent your team. Banners will be judged and then displayed at the Pep Rally event on Friday night.

Rules:

1. A representative from your team will be given painting materials when your team registers.
2. Each team will be given and may only use the following supplies:
 - 1 twin-sized bed sheet
 - Blue and yellow paint
 - A drop cloth
 - Paint brushes
 - Markers
 - Surprise materials
3. Use of any other supplies other than those provided will result in a disqualification from the event.
4. All banners must be returned to the CIA by 4:30pm on October 16th, to be judged.
5. Upon completion of judging, all banners will be displayed at the Pep Rally Friday night. The winners will be marked with ribbons.

Judging:

The judging criteria will include:

- Creativity
- Incorporation of the Fall Fest Theme
- A positive representation of USM

Points will be awarded for participation as well as 1st, 2nd, and 3rd places.



T-shirt Making Party
Thursday, October 16th
7:30pm
Lower Level, Brooks Student



The Challenge: Get as many members of your team to come to the kick-off event for this year's Fall Fest and decorate your team shirts and show off your Husky spirit!

Details: All team members will be given a USM Fall Fest shirt. Many different kinds of supplies will be available to design a shirt that best represents your team and shows your Husky pride. There will be tie-dye, iron-ons, puffy paint, makers, and more! Show off your creativity and make a shirt that you and your teammates will be proud to wear all weekend.

Rules:

1. Have Fun!!

Judging:

Points will be awarded based on the percentage of your team that participates in this activity.

Helpful Hints: Spread the word and get as many of your team members there. This is a quick and easy way to get ahead in the points.

Stick around after the t-shirt party for the GEB sponsored event, Battle of the Rock Bands!





Iron Chef Competition

Thursday, October 16th
1:00pm
Dining Hall



The Challenge: To create a dish from the main ingredient, Apple.

Details: Two team members must work together to create a dish including the main ingredient, apples. The chefs must make enough food for everyone in attendance.

Rules:

1. The dish must include apple in some way
2. The participants have the time from Lunch until Dinner to prepare their dishes

Judging:

ARAMARK professional staff and students will be responsible for the judging. Judges will vote for their favorite dishes. The team with the most votes receives the 1st place prize (150 points). The teams with the second and third most votes will receive 2nd (125 points) and 3rd place (100 points), respectively. All teams that enter the competition will receive 100 points.

There will be future Iron Chef competitions throughout the year with a chance to win prizes!





Battle of the Rock Bands

Thursday, October 16th

9:00pm

Lower Level, Brooks Student



The Challenge: Rock out, have fun, and earn as many points as you can in this high tech version of Battle of the Bands.

Details: Choose your four best teammates to participate in this activity. There will be three categories in which to enter; easy, medium, and hard. Once you have entered into a particular category, your band will rock out to **two** songs; one chosen by the band (which may be one that has been practiced prior to the event) and one chosen by the judges. You must arrange to create a band profile before performance time (available at the back of this packet).

Rules:

1. Be gentle with the equipment
2. Support any band up on stage and be encouraging
3. Have fun!!

Judging:

Each team will be judged based on the category in which they have entered and three 1st, 2nd, and 3rd places will be awarded (one per category). All teams that participate will earn 50 points right away.

Teams will earn points based on the following criteria:

1. Costumes
2. Stage Presence
3. Audience Reaction
4. Game Points
5. Husky Pride





USM Olympics
Friday, October 17
3:00pm
Field House



The Challenge: To compete in a series of fun Olympic-style field events.

Details: Teams will need to be out on the athletic field at 3:00pm. Each event will require a different number of participants and multiple events will be happening simultaneously.

Events include:

- Tug of war
- Water balloon and egg toss
- Frisbee golf
- Potato sack races
- Shuttle run
- Obstacle course
- Relay race

Rules:

1. Specific rules for each contest will be explained at the Olympics.
2. Teams should plan on having as many participants present as possible. The number of participants per team will ultimately determine the number of events we will run at once.
3. All events will be judged by the Fall Fest Committee.
4. All supplies and materials needed for each event will be provided.

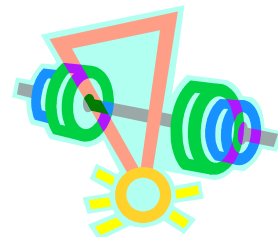
Judging:

A win-loss record will be kept for each team throughout the competition. At the end of the games, the teams with the best win-loss records will be awarded a Gold (200 points), Silver (150 points), and Bronze (100 points) medal.

All teams participating will automatically receive 100 points.

The team that displays the most team spirit will be awarded an additional 25 bonus points.

Winners will be announced at the end of the Olympic games.





Pep Rally, Bonfire, & Midnight Madness

Friday, October 17

8:00pm

Field Behind Dickey Wood and
the Athletic Complex (9:30pm)



The Challenge: Join the USM community to show your support and school spirit for USM athletic teams at this year's Pep Rally/Bonfire and Midnight Madness events.

Details:

Pep Rally and Bonfire:

In traditional fashion, the USM community will gather to cheer on our Fall athletic teams and show our Husky Pride. Meeting around the bonfire will help generate the school spirit that will lead us into Midnight Madness and Rock for a Cure.

Midnight Madness and Rock for a Cure:

Midnight Madness is an event where USM students cheer on the fall sports teams (hockey and basketball) as they officially begin their seasons with their first practices, as allowed by the NCAA. Simultaneously, the benefit concert, Rock for a Cure will provide music for your entertainment.

Rules:

1. Use caution around the bonfire and be responsible and safe
2. Be encouraging of your classmates as they begin their athletic seasons
3. Do not put down any of the competing teams during the pep rally

Judging:

This is based on the percentage system. You will be awarded points based on the percent of your team that shows up.





Women's Soccer Game vs.
East Connecticut
Saturday, October 18
1:00pm



Soccer Field near Dickey Wood

The Challenge: Show your school spirit and support of athletics at this event. This event is also a Super Fan event and you can pick up your Super Fan shirt there for use at that game and future games.

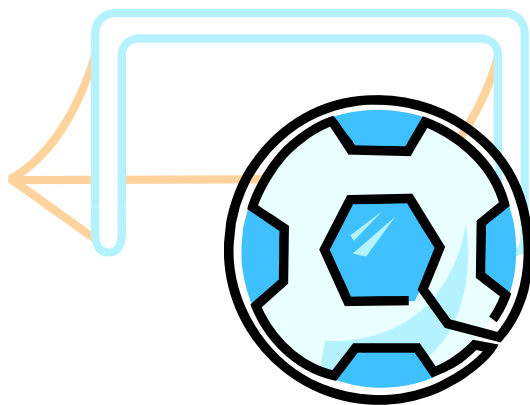
Details: Get out there and support the home team!

Rules:

1. Have fun!

Judging:

One point will be awarded based on the percent of your team that is present. You must check in with a Fall Fest official. If 100% of your team makes it to this event, your team will earn 100 points.





USM Quest
Saturday, October 18
3:00pm
Office of Campus Involvement
and Activities



The Challenge: You think you know everything about USM? Test your knowledge with this scavenger hunt!

Details: Figure out the clues, get to your locations, and complete a task. Keep going until you have finished at the Office of Campus Involvement and Activities.

Your team will be given one clue at the start of the game and a card that requires a stamp or sticker from each mystery location.

After you have figured out where to go you must reach that location and perform a task as assigned by the Fall Fest official. Once your team has completed the task, you will be given another clue to your next location. The game ends when you have returned to the CIA with a card full of stamps or stickers.

Rules:

1. Have fun!
2. Make sure you include all of the teammates that are participating in this activity.
3. If there is a line at any particular location, please be patient and wait your turn.

Judging:

All teams will earn 50 points for participating. The first team to return to the CIA will earn 100 points, 2nd place will earn 75 points, and 3rd place will earn 50 points.

All students participating in the activity will then have their cards entered into drawings for fantastic individual prizes as sponsored by the CIA.





School Supplies Drive

Saturday, October 18
3:00pm

Office of Campus Involvement and Activities



The Challenge: Collect as many new school supplies as possible to benefit various local charities.

Details: The Office of Civic Engagement and Leadership has provided a list of the following school supplies it needs. Certain supplies will earn your team more points than others.

List:

- Binders –20 pts
- Notebooks - 15 pts
- Loose Leaf Paper - 15 pts
- Pens/Pencils (in packs ONLY) - 10 pts
- Rulers/protractors - 15 pts
- High lighters - 15 pts
- Crayons/Markers - 15 pts
- Sharpeners - 10 pts
- Calculators - 20 pts
- Tape/Glue - 15 pts
- Scissors - 15 pts
- Backpacks - 20 pts

Rules:

Items should be donated in the SIAC in Portland and the CIA in Gorham. To distinguish which teams gave which items, make sure that your items are recorded in writing by someone working in the SIAC or CIA. You will have from October 13th-17th to donate as many school supplies as you can. Final donations must be made by 4:30pm on Friday, October 17th.





Team



DUE OCTOBER 10th BY 4:30PM
Office of Campus Involvement and Activities

Team Captain 1

Name: _____

Phone & Email: _____

Team Captain 2

Name: _____

Phone & Email: _____

Team

Name: _____

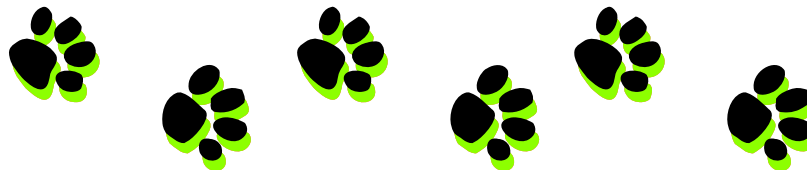
Team Entry Type (Please list names of buildings, teams, or organizations):

___Residence Hall(s)_____

___Athletic Team(s)_____

___Student Organization(s)_____

___Independent_____



Team

Roster



1. _____



3. _____



4. _____



5. _____

6. _____



7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

16. _____

17. _____

18. _____

19. _____

20. _____



Rock Band



Band Name: _____

Competition Level: ___ Easy ___ Medium ___ Hard

Vocals: _____

Lead: _____

Bass: _____

Drums: _____

Song Selection:

1. AC/DC "Let There Be Rock" 1970s
2. AFI "Girl's Gone Grey" 2000's
3. Alanis Morissette "You Oughta Know" 1990's
4. Alice in Chains "Man in the Box" 1990's
5. Allman Brothers "Ramblin' Man" 1970's
6. Avenged Sevenfold "Almost Easy" 2000's
7. Bad Company "Shooting Star" 1970's
8. Beastie Boys "So Whatcha Want" 1990's
9. Beck "E-Pro" 2000's
10. Bikini Kill "Rebel Girl" 1990's
11. Billy Idol "White Wedding Pt. I" 1980's
12. Blondie "One Way or Another" 1970's
13. Bob Dylan "Tangled Up in Blue" 1970's
14. Bon Jovi "Livin' on a Prayer" 1980's
15. Cheap Trick "Hello There" 1970's
16. Devo "Uncontrollable Urge" 1980's
17. Dinosaur Jr. "Feel the Pain" 1990's
18. Disturbed "Down with the Sickness" 2000's
19. Dream Theater "Panic Attack" 2000's
20. Duran Duran "Hungry Like the Wolf" 1980's
21. Elvis Costello "Pump It Up" 1970's
22. Fleetwood Mac "Go Your Own Way" 1970's
23. Foo Fighters "Everlong" 1990's
24. Guns N' Roses "Shackler's Revenge" 2000's
25. Interpol "PDA" 2000's
26. Jane's Addiction "Mountain Song" 1980's
27. Jethro Tull "Aqualung" 1970's
28. Jimmy Eat World "The Middle" 2000's
29. Joan Jett "Bad Reputation" 1980's
30. Journey "Anyway You Want It" 1970's
31. Judas Priest "Painkiller" 1990's
32. Kansas "Carry On Wayward Son" 1970's
33. L7 "Pretend We're Dead" 1990's
34. Lacuna Coil "Our Truth" 2000's
35. Linkin Park "One Step Closer" 2000's
36. Lit "My Own Worst Enemy" 1990's
37. Lush "De-Luxe" 1990's
38. Mastodon "Colony of Birchmen" 2000's
39. Megadeth "Peace Sells" 1980's
40. Metallica "Battery" 1980's
41. Mighty Mighty Bosstones "Where'd You Go" 1990's
42. Modest Mouse "Float On" 2000's
43. Motorhead "Ace of Spades" 1980's
44. Nirvana "Drain You" 1990's
45. Norman Greenbaum "Spirit in the Sky" 1960's
46. Panic at the Disco "Nine in the Afternoon" 2000's
47. Paramore "That's What You Get" 2000's
48. Pearl Jam "Alive" 1990's
49. Presidents of the USA "Lump" 1990's
50. Rage Against the Machine "Testify" 1990's
51. Ratt "Round & Round" 1980's
52. Red Hot Chili Peppers "Give it Away" 1990's
53. Rise Against "Give it All" 2000's
54. Rush "The Trees" 1970's
55. Silversun Pickups "Lazy Eye" 2000's
56. Smashing Pumpkins "Today" 1990's
57. Social Distortion "I Was Wrong" 1990's
58. Sonic Youth "Teenage Riot" 1980's
59. Soundgarden "Spoonman" 1990's
60. Squeeze "Cool for Cats" 1970's
61. Steely Dan "Bodhisattva" 1970's
62. Steve Miller Band "Rock'n Me" 1970's
63. Survivor "Eye of the Tiger" 1980's
64. System of a Down "Chop Suey" 2000's
65. Talking Heads "Psycho Killer" 1970's
66. Tenacious D "Master Exploder" 2000's
67. Testament "Souls of Black" 1990's
68. The Donnas "New Kid in School" 2000's
69. The Go-Go's "We Got the Beat" 1980's
70. The Grateful Dead "Alabama Getaway" 1980's
71. The Guess Who "American Woman" 1970's
72. The Muffs "Kids in America" 1990's
73. The Offspring "Come Out & Play (Keep 'em Separated)" 1990's
74. The Replacements "Alex Chilton" 1980's
75. The Who "Pinball Wizard" 1960's
- Bonus Artist Bonus Song Title Decade
76. Abnormality "Visions" 2000's
77. Anarchy Club "Get Clean" 2000's
78. Bang Camaro "Night Lies" 2000's
79. Breaking Wheel "Shoulder to the Plow" 2000's
80. The Libyans "Neighborhood" 2000's
81. The Main Drag "A Jagged Gorgeous Winter" 2000's
82. Speck "Conventional Lover" 2000's
83. The Sterns "Supreme Girl" 2000's
84. That Handsome Devil "Rob the Prez-O-Dent" 2000's