

University of Southern Maine
College of Nursing and Health Professions

STUDENT INCIDENT EXPOSURE TRACKING PROCEDURE

Student is Exposed Bloodborn Pathogen (e.g., needle stick)

- 1) Student should immediately clean the site (e.g., wash injured skin – needle stick or cut - with soap and water; flush splashes to the nose, mouth, or skin with water; irrigating eyes with clean water, saline or sterile irrigant).
- 2) The student and his/her faculty member should contact the source person (per agency policy), if known, to determine his/her willingness to release medical information and/or undergo applicable testing (e.g., hepatitis B, hepatitis C, HIV antibodies). If the source person is willing to do either or both of the above the student should write down the person's name, phone number, and health care provider's name. The student should notify his/her health care provider that he/she has source person contact information. The student's health care provider may elect to follow-up with the source person and/or his/her health care provider. If the source person can be accessed at a later time the student should go immediately for initial testing, counseling around treatment, and treatment (see step 3).
- 3) Initial testing, counseling around treatment, and treatment may be available at the clinical agency, if applicable. If initial testing, counseling around treatment, and treatment are not available at the clinical agency the student should go immediately to an emergency room.^{1, 2, 3} The student should not delay getting initial testing, counseling around treatment, and treatment.
- 4) After initial testing, counseling around treatment, and treatment the involved faculty member works with the student to complete USM Bloodborn Pathogen Student Incident Report⁴ and any additional required forms for the clinical agency, if applicable.
- 5) The faculty notifies the appropriate Department Chairperson/Director⁵ and the clinical agency, if applicable, and follows their policies/procedures.

¹ USM's student health insurer, Aetna, waives the referral deductible and the \$50 deductible for an emergency (i.e., needle stick). The deductible applies to non-referred, non-urgent care. This is noted on page 11 in the student brochure (see Chickering website: www.chickering.com).

² Student and/or his/her Health Care Insurer (as allowed for under benefit package) are responsible for costs associated with testing, treatment and follow-up.

³ USM University Health Services is not able to do testing and follow-up at this time.

⁴The USM form is forwarded to Al Kirk, Associate Professor/Coordinator, Occupational Safety and Health, University of Southern Maine, 19 College Avenue, Gorham, Maine, solely for USM tracking purposes.

⁵ If unable to reach Chairperson/Director, notify College of Nursing and Health Professions Dean's Office, 780-4133 (Susan Taylor).

- 6) After the initial testing, counseling around treatment, and treatment the student can elect to follow-up with any of the following^{6, 7}:
 - a) Health care provider of choice.
 - b) Maine Medical Center, Falmouth Family Practice Clinic (781-1500) or Maine Medical Center, Family Practice Center on India Street (874-2466).
 - c) Portland Public Health (874-8446), important to note that Portland Public Health's days and times for testing are limited.

- 7) Involved faculty provides student with CDC hotline (1-800-342-2437 or www.cdc.gov/netinfo.htm) for most up-to-date information on testing and follow-up. The faculty should strongly encourage the student to call the 1-800 hotline. Additional resources are identified in the footnote section.⁸

- 8) Involved faculty, Chairperson/Director/Dean, and USM Coordinator of Occupational Safety and Health will treat student exposure with utmost confidentiality.

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⁶ If the student is covered by USM's student health insurer, Aetna, he/she must contact USM University Health Services Director (780-4211) for an automatic referral.

⁷ Aetna's policy regarding confidentiality may be found both on the back cover the student brochure and at the Chickering website (www.chickering.com). Medical information is not released to any entity other than the one involved in the process of adjudicating a specific claim. State law prevents any health insurance carrier from discriminating in the acceptance of an applicant if they have been previously insured elsewhere.

⁸ Hepatitis B virus and hepatitis C virus: 1-888-443-7232 or visit CDC hepatitis website www.cdc.gov/ncidod/diseases/hepatitis/index.htm. The HIV/AIDS Treatment Information Service (1-800-448-0440) can be contacted for information on the clinical treatment of HIV/AIDS. For free copies of printed material on HIV infection and AIDS, please call or write the CDC National Prevention Information Network, PO Box 6003, Rockville, ME 20849-6003, 1-800-458-5231, www.cdcnpi.org. Additional information about occupational exposures to bloodborne pathogens is available on CDC's Hospital Infections Program's website at www.cdc.gov/ncidod/hip or on CDC's National Institute of Occupational Safety and Health's website at www.cdc.gov/niosh or call 1-800-356-4674. The National Clinicians Post Exposure Prophylaxis Hotline (PEpline) is 1-888-448-4911.

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BLOODBORN PATHOGEN STUDENT INCIDENT REPORT

To be completed in the event of student exposure to blood or other bodily fluids.

Person making report: _____ Date of report: _____

Name of student: _____ Phone number: _____

Name of faculty: _____ Phone number: _____

Description of incident: Be specific and thorough in describing the incident. Describe injury, if any. Include source of exposure, exposure type (e.g., solid vs. shallow needle, deep puncture vs. superficial injury, whether blood was visible on needle, whether student was wearing gloves, was exposed surface (if skin injury) broken?

Date of incident: _____ Time of incident: _____

Location where incident occurred: _____

Narrative description:

Faculty member / clinical instructor / clinical preceptor's statement:

Source: _____ Unknown (e.g., needle box injury) _____ Known

Send completed form to:
Al Kirk, Associate Professor/Coordinator
Occupational Safety and Health
University of Southern Maine, 19 College Avenue
Gorham, ME 04038-1038

Copy to Department Chairperson/Director and Dean