

University of Maine System Supervisor Development Institute (SDI)

The Basics of Effective Supervision

Purpose

The purpose of *The Basics of Effective Supervision* module is to provide an overview of the content, process, requirements, and benefits of the SDI. The workshop will also provide an overview of roles and responsibilities of the UMS supervisor, enable participants to identify their own strengths and weaknesses, and encourage supervisors to commit to specific steps to enhance their professional development.

Learning Objectives

As a result of participating in the Effective Supervision module, supervisors will be able to:

- Comprehend the history, background, and senior management's commitment to the SDI.
- Understand the goals, process, content, and benefits of completing the SDI, including as an opportunity for personal and professional growth to build/enhance skills.
- Recognize other supervisors who participate in the SDI as a resource, support group, and source of information.
- Identify roles and responsibilities of the UMS supervisor.
- Identify strategies to overcome challenges of supervision.
- Identify effective supervisory practices.
- Identify own strengths and weaknesses.
- Create an action plan.

