

**HCE 690/691 Individual Counseling Practicum
Evaluation of Student Progress
Midterm/Final**

This evaluation provides the opportunity for both students and supervisors to both rank and describe the progress of students through the semester. For each item, please rank yourself, then describe the reasons you ranked yourself that way.

- 1 = not progressing in an acceptable manner
- 2 = needs more time in this area
- 3 = average progress
- 4 = somewhat above average progress
- 5 = accomplished skills in this area

1. Starting

- Success in setting up a site
- Ability to establish relationship with site liaison
- Organization of client sessions (taping, times, duration)
- Disclosure statement readiness

2. Professional Behavior

- Consistently behaves in a professional way with clients
- Is consistently professional with practicum site personnel

3. Organization

- Preparation for supervision
- Timeliness and quality of paperwork
- Has tapes prepared

4. Eliciting information from clients

- Obtaining basic biographical data
- Communication regarding client's reason for being there
- Can ascertain the attitudes and feelings of the client toward the process and the counselor
- Can establish what the client expects from the counselor and the process
- Identifies client's community and family resources, as well as their utilization of these resources

___ Ability to synthesize this information into a comprehensive intake assessment

5. Recognize and understand the content presented by the client

___ Can ascertain the details presented by the client (i.e., who, what, when, where, why)

___ Ability to integrate these facets into the counseling process

6. Recognize and understand client affect

___ Ability to recognize and understand changes in client affect

___ Ability to recognize and understand extremes in client affect

___ Ability to accurately reflect client affect

7. Distinguish the differences in the cognitive and affective messages of the client

___ Ability to recognize the difference between affect and content

___ Recognizes when client presents with discrepancies between affect and content

___ Ability to explore these with client in session

8. Transmit understanding of the affective and cognitive messages to the client

___ Shows knowledge of details regarding what client has said

___ Can paraphrase when appropriate what has been communicated

___ Verbally demonstrates understanding of client content and feeling

9. Awareness of the systems in which the client functions.

___ Demonstrates awareness of the client's family systems.

___ Demonstrates a beginning understanding to the institutional systems in which the client exists (such as agency or school).

10. Establishing a safe and accepting environment for the client

___ Can recognize the extent of inhibitions of client in interaction with the counselor

___ Can assist the client in overcoming inhibitions

___ Can offer, when appropriate, sharing of one's own strengths/limits with client

11. Distinguish client's needs from one's own needs

- Demonstrates knowledge of one's own inhibitions
- Demonstrates knowledge of oneself, limits, and strengths
- Shows a recognition of similarities and differences between oneself and client
- Does not bring one's own problems into the counseling session
- Makes the clients problems the priority of sessions

12. Ability to articulate client's areas of concern/strengths

- Can identify client's problem areas
- Identifies client's strengths
- Can identify the personality dimensions related to the client's problems
- Can specify problems in order of priority of client's needs
- Determines what the client has done up to now to solve the problem
- Determines the external and internal resources available to the client (including family/community strengths and limitations)
- Determines if the problem is within range of the counselor's training and experiences and if not, can define referral procedures

13. Goal setting and treatment planning

- Ability to define and set goals
- Ability to formulate and implement simple treatment plans to meet client goals
- Demonstrates skills in using progress notes

14. Ability to articulate understanding of counseling process

- Can identify the distinctions between process and content
- Can analyze the stages of the counseling interview

___ Can identify the process of helping clients change

15. Demonstration of core skills

___ Demonstrates empathy, positive regard, respect, genuineness

___ Can reflect thoughts, meaning, feelings

___ Is immediate with clients

___ Ability to confront client, dig deeper

___ Is appropriate regarding the developmental context of the client

16. Awareness of self

___ Ability to articulate one's own current theoretical development of counseling

___ Understand how one's own life processes impact and change the counseling process and vice versa

___ Show evidence of openness to feedback

___ Can implement this feedback onto one's counseling style

___ Can evaluate own effectiveness in counseling

___ Demonstrates knowledge and skills as a supervisee

17. Use of self

___ Appropriate self disclosure

___ Uses humor appropriately

___ Shows awareness of transference issues

18. Ethical Awareness

___ Demonstrates understanding of how principles and ethics influence counselor decision-making process

___ Is aware of and responds accordingly to the use of technology and the related ethical implications

19. Diversity Awareness

___ Can identify and prevent cultural bias in counseling

___ Begin to understand the effects of prejudice and trauma on a client's concerns and life development

___ Recognizes and responds to individual differences, as well as to qualities and characteristics of groups in a pluralistic society

___ Demonstrates an understanding and appreciation of the context in which the client lives (i.e., culture/family/community)

20. Termination

___ Processes termination dynamics with client

___ Effectively summarizes the counseling process in session

___ Offers referrals as necessary

21. What do you feel are your strengths?

22. What are your areas of further growth in which you are aware?

23. Other comments?

Student

Date

Supervisor

Date