

University Life and Student Services

The following programs and services are dedicated to supporting student learning and success. These programs and services support students during your educational experience. Activities, ranging from intercollegiate sports to résumé preparation, join the academic process in expanding the university experience for all students. More detailed information about student programs and services is available at individual Web sites and /or offices listed below. Questions regarding all areas in this section may be addressed to Craig Hutchinson, vice president for Student and University Life, 780-4035, or craigh@usm.maine.edu.

Athletics

Athletics is an exciting part of student and university life at the University of Southern Maine. Few institutions can match the success of the Huskies' nationally recognized non-scholarship athletic program.

Nine different teams and countless individual performers have participated in national championship competitions, highlighted by the Huskies baseball team that captured the NCAA Division III National Championship in both 1991 and 1997. The women's basketball team has played in the four-team national championship tournament five times since 1998. Annually, several USM teams achieve a national ranking and qualify for postseason play sponsored by the NCAA or ECAC.

Student-athletes experience personal growth by being part of a team and by participating in competition. Through involvement in intercollegiate athletics and interaction with a nationally recognized coaching staff, student-athletes are challenged physically, mentally, and emotionally.

USM student-athletes are supported in their efforts to excel with a strong system of academic support services which include mandatory study hours for freshmen and progress checks with University faculty members. The Department of Athletics offers an 18-credit hour coaching certificate program which prepares individuals to coach at all levels. For more information about the coaching certificate courses, please visit www.usm.maine.edu/athletics or contact Meredith Bickford: 780-5997 or e-mail mbickford@usm.maine.edu.

USM sponsors 23 intercollegiate sports: 11 for women, 10 for men, and 2 coed offerings, including: cross country, women's cross country, field hockey, golf, men's soccer, women's soccer, women's tennis, women's volleyball, men's basketball, women's basketball, cheering, men's ice hockey, women's ice hockey, men's indoor track, women's indoor track, wrestling, baseball, men's lacrosse, women's lacrosse, softball, men's tennis, men's outdoor track, and women's outdoor track. In addition to the 23 varsity programs, the Recreational Sports Department also sponsors club sports teams in men's volleyball, sailing, dance, and men's hockey.

The Huskies compete in the Little East Conference, an eight-member conference comprised of public institutions in New England, and recognized as one of the most competitive Division III conferences in the nation. For more information please call 780-5430 or visit www.usm.maine.edu/athletics.

Gorham Recreation and Fitness

The Gorham Recreation and Fitness Center offers many recreational activities regardless of skill level or previous experience. Team sports may include flag football, volleyball, basketball, ultimate frisbee, six on six soccer, softball, volleyball, floor hockey, and arena football. Individual activities may include tennis, table tennis, darts, badminton, three-point shoot-out, free-throw competition, and nine-ball pool tournament. The ice arena has made ice hockey, broom ball, and free skating available to numerous groups. The fitness facility includes universal machines, free weights, and cardiovascular machines. Group exercise classes, personal fitness consultations, and a variety of other workshops are offered as well. White water rafting, deep sea fishing, and whale watching activities as well as trips to see the Red Sox, Bruins, and Celtics are frequently organized. For more information call 780-5649 or stop by the office located in 102 Hill Gym, or visit www.usm.maine.edu/recsports.

Sullivan Recreation and Fitness Complex

The Sullivan Recreation and Fitness Complex is a multi-purpose facility designed with fitness and recreation interests in mind. The main gym has three

courts lined for basketball, indoor tennis, badminton, and volleyball. It also offers indoor jogging. There are squash, wallyball, and racquetball courts, and two multi-purpose rooms for aerobics, dance, yoga, martial arts, and more. The Fitness Centers offer Selectorized Power circuit stations, free weight equipment, treadmills, exercise bikes, steppers, climbers, elliptical fitness cross trainers, rowers, and stability balls. Equipment for wallyball is available for sign-out. A range of programs designed for busy commuters is available: aerobics, yoga, martial arts, racquetball, introductory dance classes, personal fitness consultations, and relaxation workshops. Outdoor recreation clinics and trips include camping, canoeing, cross country skiing, sea kayaking and more. For more information, call (207) 780-4939 or stop by the office in 104 Sullivan Complex or visit www.usm.maine.edu/sullivancomplex.

Career Services and Professional Life Development

The Career Services and Professional Life Development Centers provide comprehensive career assistance for all matriculated students. Students are encouraged to visit the Centers early in their academic career to begin preparing for the future. They provide assistance with career decision making, interest testing, a part-time job service, a computerized career exploration service, and workshops to help students design résumés and learn how to interview with employers. They bring employers to campus for interviews, informal meetings, and job fairs. They are a participating institution in the Maine Recruiting Consortium and the eRecruiting system, a job database program that draws employers from across the country.

The Cooperative Education Program helps place students in short-term positions with career-related businesses. In most cases, students who are eligible to apply for Cooperative Education placements receive academic credit for the learning experience involved, as well as a salary from the employer. The office also maintains a list of available unpaid internship opportunities.

The Centers are located in Gorham at 7 College Avenue and in Portland in Payson Smith Hall. For more information please call 780-4220 or 780-5330. Career services are also available at Lewiston-Auburn College (753-6500) or visit www.usm.maine.edu/careers.

USM Police Department

The USM Police Department is responsible for keeping the peace, preventing crime, and delivering a variety of services including security and crowd control, crime investigation, 24-hour police coverage, management of parking and transportation, escort services and educational programs. The offices are located in Gorham in Upton Hall, and at the Sullivan Gym in Portland (780-5211 or emergency number 911).

Crime Prevention and Safety

The University of Southern Maine is committed to safety and crime prevention on campus. Information on campus crime statistics, crime policies and procedures, and crime prevention programs is provided each year to the campus community in compliance with the Crime Awareness and Campus Security Act of 1990.

For emergencies, reporting of crimes, lost and found, or to report suspicious persons or maintenance/safety problems, call the USM Police Department at 780-5211, or emergency 911.

For safety concerns in the residence halls, students should contact a residence hall staff member at 780-5240.

For sexual assault or physical or domestic violence, call the USM Police Department (24 hours a day) at 911. Students can call their resident assistant or resident director, 780-5240 the USM Counseling Center, 780-4050, or Sexual Assault Response Services, 774-3613.

Parking and Transportation

Shuttle Bus Service

The University provides a shuttle bus that runs between Portland and Gorham Monday through Saturday during the fall and spring semesters. Schedules are provided upon request from the Parking and Transportation Office at the entrance to the parking garage (Portland), by calling 780-4718, or on our Web site at www.usm.maine.edu/police/bus.htm.

Parking

Anyone parking on campus is required to display a valid USM parking decal or permit. Decals are available at the University Parking and Transportation Office at the USM Police Department, Upton Hall, Gorham and at the Parking and Transportation Office located inside the parking garage on Bedford Street in Portland. Copies of the University motor vehicle rules are available at both locations and on our Web site at www.usm.maine.edu/police/parking.htm.

University Health and Counseling Services

USM students or University of Maine law students paying the student health fee may use the services of USM's convenient, affordable, and accessible on-campus health care and counseling centers. All information gathered in both University Health Centers and University Counseling Centers is held in confidence. No information is released to University officials, faculty members, parents, friends, or outside agencies except upon written request of the student.

Student Health Fee

Each semester students who take six or more credits are automatically assessed a health fee. This fee entitles students to unlimited free office visits in University Health Services (UHS) and 12 free counseling sessions in University Counseling Services. Students taking three to five credits may opt to pay the health fee in the first four weeks of the fall or spring semester. The health fee does not cover lab tests, wellness exams, and a few selected procedures. An optional summer health fee or fee-for-service arrangement is also available. The health fee is not health insurance. To purchase health insurance, contact UHS for information about the USM Student Health and Accident Insurance for basic coverage, and the Aetna Health Insurance for catastrophic coverage.

University Health Services

UHS is staffed by skilled professional nurses, certified nurse practitioners, and physicians who understand college health issues, student budgets, and student diversity. Services available include: required immunizations, diagnosis and treatment of health problems; physical exams, athletic exams, work physicals, gynecological exams; lab services and tests; flu shots; consultations and referrals; travel information; self-care cold clinic and safer sex supplies; health screenings; communicable disease surveillance; and work study or volunteer opportunities.

Hours of operation are generally Monday through Friday, 8:00 a.m. - 4:30 p.m. The Portland center, located beside the Woodbury Campus Center, is open year round; the Gorham center, located on the first floor of Upton Hall, is open when residence halls are open. For information, call the Portland center at 780-4211, the Gorham center at 780-5411, or TTY 780-5646. The immunization hotline is 780-4504. Additional information available at www.usm.maine.edu/health.

University Counseling Services

The staff of licensed clinicians and graduate interns at University Counseling Services offer short-term counseling to undergraduate and graduate students. These services include crisis/emergency assistance; personal counseling (individuals, couples, multicultural, and groups); and referral services. Consultation services and workshops are also available to student groups, the faculty, and other staff members.

The offices are located in Room 105 Payson Smith Hall in Portland and Room 110 Upton Hall in Gorham. Hours are Monday through Friday, 8:00 a.m. - 4:30 p.m. For more information, call 780-4050. For information about counseling services at Lewiston-Auburn College, please call 753-6500. Information is also available at www.usm.maine.edu/health.

Dean of Student Life

The Dean of Student Life serves as the first point of contact for all student complaints. The dean supports and advocates for all students. The dean also has oversight for the co-curricular programs within the University and a variety of student services within the Division of Student and University Life. The office is located in 100 Payson Smith Hall, 228-8258. Additional information is available at www.usm.maine.edu/studentlife.

Office of Early Student Success

The Office of Early Student Success (ESS) supports students during their transition into the college experience. This time is filled with both opportunities and challenges, often lasting for three to four semesters.

ESS can support students in several ways, including the following: serving as an entryway into USM's student services; providing one-on-one "coaching" sessions to help students establish goals and a path for success; working with students to improve study skills and other academic strategies; serving as a resource for the parents and family members of USM students; connecting students with opportunities for involvement; offering Web-based resources such as informational Web sites and podcasts; and providing an "alcohol checkup" to help students explore if their alcohol use is interfering with life goals. For more information, please visit the ESS Web site at www.usm.maine.edu/ess.

Commuter Services

Support services for commuter students including off-campus housing options, parking and transportation information, and more are available through the office of the Assistant Dean of Student Involvement and Activities, in the Woodbury Campus Center, Portland, 228-8200, and on the Web at www.usm.maine.edu/commuter.

Off-Campus Housing

Listings of available rooms, roommates, and apartments for students who wish to live off-campus are maintained on the Web site at www.usm.maine.edu/commuter.

Woodbury Campus Center

The Woodbury Campus Center serves as the "living room" of Portland campus, with campus dining, bookstore, ATM and many other services available. Also located in the Woodbury Campus Center is the Area Gallery, the Women's Resource Center, the Center for Sexualities and Gender Diversity, the Student Involvement and Activities Center, Student Government Offices, Student Legal Office, and Multicultural Student Center. Contact the Woodbury Campus Center administrative offices at 228-8200 or visit www.usm.maine.edu/commuter.

Residential Life and Resident Education

Residential Life supports the University's educational mission by making sure that students can be successful in their pursuit of an academic degree. We provide clean, safe, and attractive living and learning environments for our students.

Residence Halls

The University provides housing for approximately 1,500 students in seven residential facilities in Gorham. Accommodations are coeducational and offer convenient access to classes and campus events. Students living on campus may choose to apply to live in one of our special interest housing areas or living-learning communities.

For more information, contact the Department at (207) 780-5240, or visit 100 Upton Hall in Gorham; e-mail: reslife@usm.maine.edu, or visit www.usm.maine.edu/reslife.

Brooks Student Center

The Brooks Student Center (BSC) serves as the "hub" for student life in Gorham. Whether you want to relax and study, grab a snack, or attend an event, BSC has something for you. BSC amenities include 24/7 access ATM and cash-to-card machines, campus bookstore, student mailboxes, computer stations, lounge space, bulletin boards, and three campus dining locations: the Real Food on Campus Dining Hall, the Husky Hideaway, and the Brooks Convenience Store. BSC is also home to the Office of Campus Involvement and Activities. For more information, contact (207) 780-5081.

Dining Services

Dining facilities are located on all campuses. In Gorham, Dining Services are provided in the dining hall and snack bar in the Brooks Student Center as well as the Ice Arena Kiosk, Bailey Hall Kiosk, and the Brooks Student Center Convenience Store. In Portland, options include the Food Court in the Woodbury Campus Center, University of Maine School of Law Café, and the Café in the lobby of Luther Bonney Hall and lower level of Payson Smith Hall. The Lewiston-Auburn campus features Café-LA.

Honor Societies and University Scholarships and Awards

The University is affiliated with several national honor societies. A partial list follows. For more information contact the academic area indicated. For general assistance call the Division of Student and University Life at 780-4035.

Beta of Maine Chapter of Alpha Kappa Delta (sociology)

Phi Kappa Phi (a national interdisciplinary honor society)

Golden Key International Honour Society (an international interdisciplinary honor society)

Gamma Theta Upsilon (geography)
 Kappa Zeta-at Large Chapter of Sigma Theta Tau (nursing)
 Psi Chi (psychology)
 Phi Sigma Iota (foreign language)
 Eta Mu Chapter of Phi Alpha National Social Work Honor Society
 Phi Sigma Alpha (political science)
 Phi Alpha Theta Chapter of Alpha Gamma Phi (history)
 Phi Delta Kappa (education)
 Chi Tau (biological sciences)
 Beta Gamma Sigma (business/accounting)

General Scholarships and Awards Each spring, the University awards a substantial number of grants and scholarships to students continuing their studies at USM. Some are specific to a particular area of study, and others are based on students' general achievements both inside and outside of the classroom.. For more information, visit www.usm.maine.edu/fin.

Greek Life

Greek letter organizations offer students the opportunity to participate in an alternative community emphasizing leadership, community service, academic achievement, and self-governance. Seven social fraternities and sororities are affiliated with USM. For more information about Greek organizations and getting involved at USM, call the Student Involvement and Activities Center, 780-4090.

Student Government and Organizations

The Student Government Association, comprised of a Student Body president and a 21-member Student Senate, elected by undergraduates, is the principal governing body for students. A student activity fee, collected from each undergraduate student, is used by the Senate to pay for undergraduate activities. More than 50 recognized student organizations welcome involvement.

Students interested in journalism, literature or broadcasting may join the staff of the University Free Press, a weekly student newspaper; Words and Images, a literary magazine; or WMPG-FM, the USM community radio station. Students interested in TV production can become involved in USM's own cable TV station, G-TV, located on the Gorham campus.

Students are encouraged to take advantage of cultural activities, speakers, and special events available free or at minimal cost. For more information about student organizations and getting involved, call the SGA Office at 228-8510.

Student Involvement and Activities Center

The Student Involvement and Activities Center provides support services for USM students and student organizations. From USM Welcome and Homecoming, to a variety of student clubs and other community-based events, the office helps students get involved in the USM community. Leadership development opportunities are also facilitated through the Centers. Offices are in the Woodbury Campus Center, Portland (780-4090), or Brooks Student Center, Gorham (780-5081).

Office of Community Standards

While at the University, students are expected to conduct their affairs with proper regard for the rights of others and of the University. All members of the University community share a responsibility to maintain an environment where actions are guided by respect, integrity, and reason. When standards of conduct are violated, the University relies upon the Student Conduct Code. It is the responsibility of the Office of Community Standards to protect the campus community from disruption and harm by offering a program of educational discipline and by enforcing the Student Conduct Code. If students violate a state or federal law or a University regulation, they may be subject to state, federal, or University disciplinary action. In the enforcement of the Student Conduct Code the University functions in an administrative manner. For a complete copy of the Student Conduct Code, check the Office of Community Standards Web page: www.usm.maine.edu/ocs, or call 780-5242.

Women's Resource Center

The Women's Resource Center provides advocacy, leadership, and educational programming for women attending USM. The center offers a safe, comfortable, and relaxing space for women to meet each other, engage in discussion, and explore the numerous resources, programs, activities, and groups available. The Resource Center provides outreach to the diversity of women at USM in the form of programming, consultation, trainings, and leadership development. The Center also is the home of an extensive lending library of books and articles about a variety of issues

as well as women's history, feminist philosophy, fiction by women, and much more. The Women's Resource Center, located in the Woodbury Campus Center in Portland, works collaboratively with student groups, University departments, and the wider Maine community to address the wide range of issues important to women, focusing on the personal, academic, career, economic, and leadership development for women. For more information call 780-4996.

Center for Sexualities and Gender Diversity

The University of Southern Maine's Center for Sexualities and Gender Diversity seeks to ensure a University environment that is positive, safe, and supportive for members of the gay, lesbian, bisexual, transgender, questioning, and allied (GLBTQA) community. Through a series of educational opportunities, support services, and advocacy work, the program works collaboratively with students and student groups, University organizations and departments, and the greater community. The program also oversees the USM Safe Zone Project, a program that conveys an inclusive message to the University community. Safe Zone Project volunteers attend a short orientation program and then display a rainbow-striped sticker with the words "safe zone USM." This shows that they are committed to being identified as safe and supportive contacts for GLBTQA students, faculty, and staff members. For more information on these programs, please call 228-8235 or visit the Web site at www.usm.maine.edu/glbttqa.

Community Service and Civic Engagement

The Office of Community Service and Civic Engagement is a clearinghouse and a resource for students, faculty, and the community to promote civic engagement, including community service, service-learning, and certain internship opportunities. Students will find support for community service, including current opportunities based on community needs, project development help, connections for service to academic credit, and work-study jobs and leadership opportunities including an AmeriCorps Service Leaders Program. Faculty can receive support in developing service-learning options, ranging from single assignment projects to semester-long projects. Community organizations and agencies work through the office to access volunteers, interns, and service leadership from the USM student community. The office is located in the historic Alumni House at 23 Brighton Avenue in Portland; phone 228-8091, e-mail community@usm.maine.edu, or visit www.usm.maine.edu/studentlife/communityservice

Interfaith Chaplaincy

The Chaplaincy offers programs and services to support religious and spiritual life in all its expressions. "The Spirit of USM" program series explores a different aspect of spiritual life each year. Associate chaplains sponsored by their respective faith communities offer services to students and student groups in religious or spiritual traditions, and work together to offer programs encouraging spiritual life and interfaith dialogue. A space is provided for reflection, meditation, or prayer for individuals and groups. This space and the office of the interfaith chaplaincy are located in the historic Alumni House at 23 Brighton Avenue in Portland; phone 228-8093, e-mail interfaith@usm.maine.edu or visit www.usm.maine.edu/studentlife/interfaith

Office of Equity and Compliance

The Office of Equity and Compliance is committed to ensuring that all units of the University foster a respectful, inclusive, and fair campus environment, free from discrimination and harassment. The Office oversees the University's compliance with affirmative action, sexual harassment, disability, and other civil rights statutes and policies and assists search committees in conducting equitable processes in the recruitment of faculty and staff. The goal of the Office is to prevent discrimination or harassment from occurring and to provide an effective means of raising and promptly resolving complaints. If an individual has a question, concern, or complaint about discriminatory harassment they should contact the Office at (207) 780-5510 or by TTY at (207) 780-5646. For a complete copy of the policy, additional information, or to express concern about sexual harassment, call the Office of Equity and Compliance at (207) 780-5510, the Maine Human Rights Office, 851 State House Station, Augusta, ME 04333-0051, (207) 624-6050 or the Office of Civil Rights, U.S. Department of Education, Region 1, John W. McCormack Post Office and Courthouse Building, Boston, MA 02109, (617) 223-9692.

Multicultural Student Affairs

This office is dedicated to increasing the awareness and appreciation of the many diverse cultures and ethnicities at USM through programming, dialogue, and cultural events. It supports African/African American, Latino/a, Asian/Asian American, and North American Indigenous students to achieve their career and perceived goals. Multicultural Student Affairs is home of the Multicultural Center, the North American Indian Tuition Waiver and Scholarship Program, and the Culture Beat newsletter.

The Multicultural Center is dedicated to providing a supportive and diverse environment for the USM community. The Center helps create community for racially and/or ethnically underrepresented students, where cultural activities and celebrations occur and affiliated student organizations meet. Through its programming, the Center explores critical issues about race, class, ethnicity, nationality, and culture.

The Center is open to the entire USM community. However, the Center has a unique role with regard to the support of students from marginalized communities and cultures. The office is located in the Woodbury Campus Center in Portland. For more information call 780-4006 or visit www.usm.maine.edu/eoo/culture.

Policies

In addition to the Student Conduct Code, USM has a number of important University policies which govern campus life. These policies and many others can be found in The Navigator, the student handbook, available on the Web at www.usm.maine.edu/navigator. In order to review these policies in their entirety, please consult the student handbook or the appropriate department listed.

HIV/AIDS Policy

The USM HIV/AIDS policy has been established to protect the rights of individuals infected with HIV (Human Immune Deficiency Virus) and the health and safety of all others at the institution. USM will not discriminate in any manner against any person who is infected with HIV, including admissions, facilities access, hiring, housing, promotion, tenure, or termination. USM will not require HIV testing for either its students or employees and information about suspected or known HIV infection will be kept confidential. For more information or advice regarding this policy, call 780-4211.

Alcohol and Substance Abuse Policy

The University of Southern Maine views alcohol and substance abuse as a serious problem both nationally and on-campus and wishes to do everything possible to address it. In compliance with the Drug Free Schools and Communities Act and the Drug Free Workplace Act passed by Congress, the University publishes annually a booklet which informs all students and employees of the University's substance abuse policy, sanctions for violation of the policy, state and federal alcohol and drug laws, offenses and sanctions. Below is a summary of USM's alcohol and substance abuse policy.

The possession, use, or distribution of illegal drugs, as defined by federal, state, and local statutes, is prohibited at any time on University property. Students who possess, use, or distribute illegal drugs are liable for public law enforcement sanctions and University disciplinary action. Use of alcoholic beverages on University property shall be in compliance with state laws and campus regulations and procedures. Violation of such laws, regulations, and procedures may result in disciplinary action and, where applicable, criminal proceedings.

University Counseling Services and University Health Centers provide access to substance abuse services for students at USM. Through the assessment process, the student and counselor work together to determine the most appropriate level of care. Available services include individual substance abuse counseling, group therapy, and educational groups. The counselor and student may also decide together that referral to a support group or a more intensive level of treatment in the community would be the best option. For more information or to schedule an appointment, call University Counseling at 780-4050 or University Health at 780-4211.

Hazing

Injurious hazing is prohibited by Maine state law and University of Maine System policy. No person or organization shall create a situation that recklessly or intentionally endangers the mental or physical health of a student. Any civil or criminal action shall be in addition to any disciplinary action taken. For more information, contact Office of Community Standards 780-5242 or visit www.usm.maine.edu/ocs.

Sexual Harassment Policy

Sexual harassment of either employees or students is a violation of federal and state laws. It is the policy of the University of Southern Maine that no member of the University community may sexually harass another. In accordance with its policy of complying with non-discrimination laws, the University of Maine System will regard freedom from sexual harassment as an individual employee and student right which will be safeguarded as a matter of policy. Any employee or student will be subject to disciplinary action for violation of this policy. Sexual advances, requests for sexual favors, and other verbal or physical contact of a sexual nature constitute sexual harassment when: 1) submission to such conduct is made either explicitly or implicitly a term or condition of an individual's employment or education; or 2) submission to or rejection of such contact by an individual is used as the basis for academic or employment decisions affecting the individual; or 3) such conduct has the purpose or effect of interfering with an individual's academic or work performance or creating an intimidating, hostile, or offensive employment, educational, or living environment.

Consenting relationships may constitute sexual harassment under this policy. When a professional power differential exists between members of the University of Southern Maine and a romantic or sexual relationship develops, there is a potential for abuse of that power, even in relationships of apparent mutual consent. A faculty or staff member should not engage in such relationships. Further, the University prohibits the abuse of power in romantic or sexual relationships.

To assure that power is not abused and to maintain an environment free of sexual harassment, a faculty or staff member must eliminate any current or potential conflict of interest by removing himself or herself from decisions affecting the other person in the relationship. Decisions affecting the other person include grading, evaluating, supervising, or otherwise influencing that person's education, employment, housing, or participation in athletics or any other University activity. It is the policy of the System to ensure fair and impartial investigations that will protect the rights of persons filing sexual harassment complaints, the persons complained against, and the System as a whole.

For a complete copy of the policy, additional information, or to express concern about sexual harassment, call the Office of Campus Diversity and Equity at 780-5094 (TTY 780-5646), or the Office of Civil Rights, U.S. Department of Education, Region 1, John W. McCormack Post Office and Courthouse Building, Boston, MA 02109, 617-223-9692.

Sexual Assault Policy

The University of Southern Maine expressly prohibits and will not tolerate any sexual assault or sexual misconduct as defined by USM policy. These behaviors all constitute violations of the Student Conduct Code and will be met with appropriate sanctions, up to and including dismissal. Many are also violations of Maine law and may be prosecuted criminally.

For a complete copy of the University of Southern Maine Sexual Assault Policy, call the Office of Community Standards, 780-5242 or visit www.usm.maine.edu/ocs/assaultpolicy.html.

When sexual assault has occurred, it is important to tell someone who can be trusted. Campus resources include USM Police, Student and University Life staff and other University faculty and staff, academic advisers, Resident Assistants (RAs), Resident Directors (RDs), Greek Advisor, and athletic coaches. Off-campus community resources include local hospital emergency rooms, rape crisis centers, and local police departments.

Available Resources

University Health Services

Medical assessment and follow-up, testing for sexually transmitted diseases and pregnancy. In Portland (modular unit next to Sullivan Gym): 780-4211 or in Gorham (Upton Hall): 780-5411.

University Counseling Services

Counseling for student-victims and students related to victims. In Portland (106 Payson Smith), or in Gorham (Upton Hall): 780-4050.

USM Police Department

Services: The USM Police, the 24-hour police department. In Portland: 780-5211, and at Lewiston-Auburn 780-5211. In Gorham (Basement, Upton Hall): 780-5211, Emergency: 911.

Office of Community Standards

Services: Consultation and filing complaints of violations of the student conduct code. In Gorham (125 Upton Hall): 780-5242.

24-hour Community Crisis Centers: May include medical accompaniment to hospital emergency rooms for rape kit/forensic exams, anonymous hot-line counseling and referral services, legal advice and courtroom accompaniment if charges are pressed.

Sexual Assault Response Services of Southern Maine

(Cumberland and York Counties) 774-3613/1-800-313-9900

Sexual Assault Support Services of Midcoast Maine 1-800-822-5999

Lewiston-Auburn Sexual Assault Crisis Center 795-2211

Augusta Sexual Assault Crisis and Support Center . . 626-0660/1-800-421-4325

Statewide Sexual Assault Hotline 871-7741

(will route calls to nearest center)