

**Course Assessment for FRS 180: Academic Self-Management  
Fall 2007**

Directions: Please provide your individual feedback and perceptives regarding your feelings about this course. Please answer all items honestly; all responses are confidential and will only be used to review and improve the course. Please circle the number that best describes your feelings.

<b>Did this course include:</b>	<b>Rarely</b>	<b>Occasional</b>	<b>Mostly</b>	<b>Always</b>
1. Variety of teaching methods	1	2	3	4
2. Meaningful class discussions	1	2	3	4
3. Meaningful homework	1	2	3	4
4. Interesting Subject Matter	1	2	3	4
5. Meaningful Assignments	1	2	3	4
6. Productive use of class time	1	2	3	4
7. Encouragement to speak in class	1	2	3	4
8. Encouragement to work together	1	2	3	4

<b>Taking this class improved my:</b>	<b>Not at all</b>	<b>Little</b>	<b>Some</b>	<b>Significantly</b>
1. Reading skills	1	2	3	4
2. Writing skills	1	2	3	4
3. Learning skills	1	2	3	4
4. Listening/Notetaking skills	1	2	3	4
5. Self-monitoring skills	1	2	3	4
6. Self-Efficacy skills	1	2	3	4
7. Time Management skills	1	2	3	4
8. Academic Anxiety/Motivation Management skills	1	2	3	4

<b>To what extent:</b>	<b>Not at all</b>	<b>Little</b>	<b>Some</b>	<b>Significantly</b>
1. Did this course cover topics which are important to you?	1	2	3	4
2. Did this course contribute to your ability to succeed academically?	1	2	3	4
3. Did the course syllabus give you a realistic view of the course expectations?	1	2	3	4
4. Did the course meet your expectations?	1	2	3	4
5. Did you feel that the ASM weekly reports/Learning Logs for self-monitoring were worthwhile?	1	2	3	4
6. Did you feel that the class activities were useful to your learning/development?	1	2	3	4
7. Did the course provide an opportunity for you to interact with the instructor?	1	2	3	4
8. Did you feel that the class exams and paper assignments were appropriate/worthwhile?	1	2	3	4
9. Did you feel that your instructor graded you fairly in your class assignments?	1	2	3	4

Please feel free to comment on any of the above statements.

Please give us your reflections about particular aspects of the course.

1. What was the most important element of this course that promoted your learning?
2. What aspects, if any, of the course environment hindered your learning?
3. What are some of your suggestions for improving the course?
4. What did your instructor do especially well to help you learn?
5. What could your instructor do differently that would have better enhanced your learning experience?
6. How has this course helped you become a more effective learner in your other courses?
7. Would you recommend this course to other students? Why or why not?
8. Additional comments?